



## When We Bless God

March 15, 2020

“Bless and affectionately praise the Lord, O my soul (*our mind, our will, our emotions*), And all that is [*deep*] within me, bless His holy name! Bless and affectionately praise the Lord, O my soul, and do not forget any of His benefits” (*Psalms 103:1-2 AMP*).

### 1. We join the \_\_\_\_\_

“Bless and affectionately praise the Lord, O my soul, and do not forget any of His benefits” (*Psalms 103:2 AMP*).

### 2. We receive \_\_\_\_\_

“He said, “If you will carefully obey the Lord your God, do what is right in His eyes, pay attention to His commands, and keep all His statutes, I will not inflict any illnesses on you that I inflicted on the Egyptians. For I am Yahweh who heals you” (*Exodus 15:26 HCSB*).

“Who satisfies your years with good things, So that your youth is renewed like the [soaring] eagle” (*Psalms 103:5 AMP*).

### 3. Our spirit is \_\_\_\_\_

“But those who wait on the Lord shall renew *their* strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint” (*Isaiah 40:31 NKJV*).

### Questions for Meditation & Discussion

1. Verbal praise is a great way to bless God. What are some other ways to bless Him?
2. Recall some ways you've received heavenly benefits. How have you been blessed yourself?
3. God heals physically and spiritually. How may have you been healed physically? Spiritually?

Notes and recordings of messages can be found at:

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